

**ALL SESSIONS ARE  
FREE**

# Easter Holidays 2019

April	Activity	Venue	Time	Age
Mon 1 <sup>st</sup>	Multi-Sport	Grangeway CC	3.30–4.30pm	7 years+
Mon 1 <sup>st</sup>	Couch to 2k	The Track, Widnes	6–7pm	Families
Tues 2 <sup>nd</sup>	Table Tennis & Archery	Frank Myler Pavilion	2–4pm	7 years+
Tues 2 <sup>nd</sup>	Couch to 2k	Phoenix Park	6–7pm	Families
Wed 3 <sup>rd</sup>	Couch to 2k	The Track, Widnes	6–7pm	Families
Thurs 4 <sup>th</sup>	Couch to 2k	Phoenix Park	6-7pm	Families
Fri 5 <sup>th</sup>	Football	Frank Myler Pavilion	10am-12	7–12years
Fri 5 <sup>th</sup>	Football	Grangeway CC	1–3pm	7–12years
Mon 8 <sup>th</sup>	Boxercise	Grangeway CC	3.30–4.15pm	7 years+
Mon 8 <sup>th</sup>	Couch to 2k	The Track, Widnes	6–7pm	Families
Tues 9 <sup>th</sup>	Table Tennis & Archery	Frank Myler Pavilion	2–4pm	7 years+
Tues 9 <sup>th</sup>	Couch to 2k	Phoenix Park	6–7pm	Families
Wed 10 <sup>th</sup>	Archery	Upton CC	10am-12	7 years+
Wed 10 <sup>th</sup>	Archery	Castlefields CC	1.30-3.30pm	7 years+
Wed 10 <sup>th</sup>	Couch to 2k	The Track, Widnes	6–7pm	Families
Thurs 11 <sup>th</sup>	Couch to 2k	Phoenix Park	6–7pm	Families
Fri 12 <sup>th</sup>	Football	Grangeway CC	10am–12	7–12years
Fri 12 <sup>th</sup>	Football	Grangeway CC	1–3pm	7–12years

**Couch to 2k sessions are part of a 5 week programme  
Widnes & Runcorn programmes start week commencing  
1<sup>st</sup> April.**

For more information contact Jenny Illidge:  
Jenny.illidge@halton.gov.uk  
0151 511 7869