



Windmill Hill Primary School

*Windmill Hill is committed to lifelong learning within a caring environment.
Together we make a difference."*

Subject Information

PSHE

Why is PHSE so important?

There's a proven link between pupils' health and wellbeing, and their academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Economic education (PSHE) are critical to ensuring children are effective learners. In preparing our Long Term Plans for PHSE, we have considered the location and context of our school to ensure that learning is relevant to the needs of our children.

Personal, Social and Health Education Intent:



The PSHE curriculum at Windmill Hill Primary school enables children to access the wider curriculum and to prepare children to be a global citizen now and in their future roles within a global community. We build on the children's own experiences and extend their learning through relatable, real-life experiences. Relationship and Sex Education will be taught in co-ordination with the school nurse (in Upper Key Stage 2).

- Children will have accurate and relevant knowledge of PSHE.
- Children will have opportunities to create personal understanding.
- Children will be given the opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities.

Personal, Social and Health Education Implementation:

The school curriculum will focus on three core learning themes: Health and Wellbeing, Relationships and Living in the Wider World. Our PSHE curriculum is delivered through Jigsaw PSHE which covers all of the statutory objectives:

- Children have access to key knowledge, language and meanings in order to understand PSHE and to use it across the wider curriculum.
- Whole school, Key Stage and class assemblies make links to PSHE and British Values.
- Every class follows the same theme for a full half term which have objectives links to the PSHE curriculum: Being Me in My World, Celebrating Difference, Dream and Goals, Healthy Me, Relationships and Changing Me.



Personal, Social and Health Education Impact:

As a school, we will work closely with local high schools to assess whether the children from Windmill Hill Primary School actively demonstrate fundamental skills and use them in the wider world.

- Children will demonstrate and apply key PSHE skills and British Values both in and beyond school.
- Children will demonstrate a healthy outlook and attitude towards school and their lives.
- Children will be able to recognise their own feelings and emotions by seeking help, support and guidance from school and their families.
- Children will achieve age related expectations across the wider curriculum.



Resources for parents

<https://primarysite-prod-sorted.s3.amazonaws.com/bedford/UploadedDocument/403e938167ee436fb c42ebca1627b8e8/a-parents-guide-to-understanding-relationships-and-health-education-in-the-primary-school.pdf>

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

https://jigsawpshe.com/home?gclid=Cj0KCQiAofieBhDXARIsAHTTIdraR9n4oseiz3Q2N6uAaCTNeFJxekjSG2yggT2kMptixHRyfDxfV04aArioEALw_wcB

